

Our Lady of Mercy Secondary



MONDAY 28/11

Chicken & Chorizo Pasta Bake

Gluten (Wheat), Milk

Bangers, Mash & Beans

Gluten (Wheat), Milk, Sulphites

Vegan Goujons, Pasta & Tomato Sauce

Gluten (Wheat), Soya

TUESDAY 29/11

Chicken Curry & Rice

Milk

Meatballs & Mash with Gravy

Celery, Milk, Sulphites

Vegan Pasta Bake

Gluten (Wheat)

WEDNESDAY 30/11

Pasta & Meatballs with Tomato Sauce

Gluten (Wheat)

Roast Chicken, Mash, Gravy & Veg

Celery, Milk, Sulphites

Sweet Vegetable Curry & Rice

Milk

THURSDAY 01/12

Chicken Curry & Rice

Milk

Chicken & Ham Carbonara with Veg

Gluten (Wheat), Milk

Vegan Goujons, Pasta & Tomato Sauce

Gluten (Wheat), Soya

FRIDAY 02/12

BBQ Chicken Ciabatta

Gluten (Barley), Gluten (Rye), Gluten (Wheat), Milk

Ham & Cheese Ciabatta

Gluten (Wheat), Milk, Soya

Sweet Vegetable Curry & Rice

Milk

All our beef is of Irish origin